

Post-op Instructions After Dentures or Partial

1. Unless instructed to do so, do not wear your denture(s) or partial(s) while sleeping. Doing so can increase the chance of having gum irritation or a fungal or bacterial infection.
2. The best-fitting dentures and partials can still get food particles underneath them. Brush the inside and outside of your denture(s) or partial(s) with an appropriate toothbrush at least once a day. Do not use toothpaste as it is abrasive and can cause scratches which harbor bacteria or fungi. Using warm water while brushing the denture(s) or partial(s), then using a soaking agent should be sufficient. Follow the directions of the soaking agent with regards to how often and how long you should soak.
3. Sore spots can appear as denture(s) and partial(s) settle. Please contact our office so we can make adjustments so we can alleviate the sore spots. For some patients, they may have to have their denture(s) or partial(s) adjusted more than once.
4. Some people must use adhesive on their denture(s) or partial(s) to achieve a secure fit even if they have a well-fitting denture or partial. Lower dentures routinely need adhesive in order to stay in place properly.
5. It is recommended that denture(s) and partial(s) be relined once every 5 years to compensate for the normal shrinkage of the gums underneath the denture or partial. This will give the denture or partial a better fit and decrease the chance of the denture or partial from actually breaking.