

## **Post-op Instructions After Crowns or Bridges**

1. It is advised not to chew in the area where you have a temporary crown or bridge as it may come off or break. You do need to brush in the area of the temporary but be very careful flossing as it could dislodge the temporary as well.
2. It is not unusual to have mild sensitivity while wearing a temporary crown or bridge. Extreme sensitivity to temperature or pressure, lingering sensitivity, or spontaneous sensitivity may signal a more serious problem with the tooth or teeth.
3. If the temporary crown or bridge comes off, it's not an emergency, but it will need to be put back on within several days. Please contact the office so can put the temporary crown or bridge back on. Sometimes toothpaste or Fixodent can work in a pinch to put the temporary back on until we can see you in the office.
4. After the permanent crown or bridge is placed, sensitivity may remain for some time until the tooth or teeth calm down. If the pain is extreme, lingering, constant, or spontaneous, please contact our office so we can evaluate the tooth or teeth.
5. If your bite feels "off" after having the crown or bridge placed, please contact our office so we can evaluate the crown or bridge.
6. It is best to wait a couple of hours before chewing on a new crown or bridge to allow the cement to fully set. New crowns and bridges may have a different "feel" to them while chewing even though there may be no pain involved. This is due to the hardness of the crown or bridge which gives it its durability.
7. You may brush and floss your new crown or bridge normally once several hours has passed after it was placed.